UNITY HOUSES

Resident Expectations, Boundaries

WELCOME! We are happy that you are considering coming to Unity Houses for services and to help you overcome your struggles. We want to do everything we can to help you get yourself established and out of your current situation. Please keep in mind that you must take the initiative to work hard to help yourself. Only you can make this happen. We want to help you become successful not only in sobriety but also in life!!!!!

This packet is a guide of expectations and boundaries that we believe will help you learn how to live a sober and fruitful life in Recovery! Upon completion of the commitment in the house AND successful completion of the treatment program some expectations and boundaries may be looked at on an individual basis. The Unity Houses are a sober living environment, a transitional living environment, that creates an environment where you will develop long lasting relationships with peers who are learning how to live within a new lifestyle. You are responsible for providing any of your personal belongings, hygiene, food, and laundry soap. We provide utilities, internet, phone, TV, refrigerators, stoves, microwaves and washers and dryers. We also provide bedding and towels, but you are welcome to bring your own if you wish. The beds are twin size.

RECOVERY PROGRAM

I agree to attend 30 CR/AA/NA/CMA meetings the first 30-days in the Unity House and obtain a CR/AA/NA/CMA sponsor in HASTINGS. I will be in contact with my sponsor weekly. I will provide a signature card for all CR/AA/NA/CMA meetings attended at the weekly house meeting, which is held every Sunday. After the first month, I agree to attend a minimum of 3 CR/AA/NA/CMA meetings per week. Online meetings will NOT count.

COUNSELING/TREATMENT

I will comply with a treatment/recovery program. This program will be developed in consultation with probation/parole and primary treatment counselors. Your program may be longer than six months depending on the recommendations from your probation/parole and primary treatment counselors. I understand unexcused absences from groups and/or counseling sessions may result in consequences and will be dealt with individually. I understand that I must attend once a week for Life Skills for a period of eight (8) weeks. I will attend peer led group for a period of 26 weeks. I will meet with a Case Manager weekly until I am employed full-time, which will then become at the discretion of your Case Manager the frequency of appointments.

RELATIONSHIPS

As Part of the 12-step program it is highly recommended that individuals do not begin a relationship with anyone, at a minimum, of the first 12 months of their recovery. If you are already in a long-term relationship, or it is decided with your sponsor, counselor, and recovery supports that you are ready to begin a relationship, you and your significant other will need to meet with your primary counselor for at least one session prior to moving forward with the relationship. The purpose of this is to help you prepare for this intricate component to be added to your new lifestyle within recovery.

Relationships can be one of the leading causes of relapses, so preparing, supporting and guiding you through this process is an important piece of recovery.

DRUG/ALCOHOL SCREENING

I understand alcohol or other drug use, or possession of alcohol/drugs or mood-altering substances of any kind are not acceptable for any resident of the Unity Houses. I understand if I am aware of another resident's alcohol/drug or mood-altering substance use I must report this information to the House Manager/Mentor or the office. If I know and do not say anything, I can be held responsible to the same level as the person using, or in possession, of alcohol or substances because RECOVERY is about learning how to be honest with staff and others. Plus, you may be saving a life and allowing progression within their recovery if you report (hold accountable) the suspicion someone is using/drinking. I understand I am required to submit to a drug or alcohol screening upon request. If I refuse to submit a specimen, I understand it will be considered a positive result, and I will be asked to vacate the premises immediately.

MEDICATIONS

I understand if I am taking prescribed medications, I am required to take them as prescribed. Any misuse of my prescriptions may result in a consequence. Medications that are unacceptable in Unity House are: Opiates, Barbiturates, Sed/Hyp/Tranq (Benzos) Methadone, Adderall, Vyvanse, Suboxone, NyQuil and any over the counter or prescribed medication that will allow me to fail a urine test or breathalyzer.

FEES

I will make a MINIMUM of a six-month commitment to the Unity House and a commitment to successfully complete treatment as recommended by Revive, Inc. The rent is $500 per month. I understand that I am required to pay the prorated amount for the month upon admission. At the time of completing my commitments to Unity and my treatment recommendations, $25 of my paid rent while residing in the Unity House, for up to six months, will be returned to me. I will also need to have complied with all exit procedures and I understand that if my last month's rent is prorated by the amount of days I reside in Unity House, the $25 monthly amount will not be included in the returned amount.

There is a $20 monthly House fund charge for supplies for the house. I will pay this to the Secretary.

BUDGET/FINANCES

If my residency is terminated for any reason, or I choose to voluntarily leave any rent I have paid will not be returned upon leaving Unity House. I understand I am required to be responsible for my finances and pay all bills on time. I may be asked to provide proof of my income with my most recent pay stubs or your checking account anytime while I am living in Unity Houses. The rent is to be paid by the 5th of each month. If I am late on rent I must communicate that with Krissy. Not paying my rent may result in a consequence. If I am behind over $500, I will not be allowed any passes and my curfew will be 9pm every night until the balance is paid. If my balance exceeds $1500 I will be asked to pay or be at risk of dismissal from Unity. I understand loaning money to other residents is not allowed.

CURFEW

When I enter the Unity House curfew will be 10 pm every night. When I obtain full-time employment, a sponsor, complete my 30 meetings in 30 days and do not have any Unity House violations, my curfew will be moved to 11pm Sunday-Thursday and 1am on Friday and Saturday nights. If I am leaving Hastings for any reason, I must contact Revive or the house manager prior to leaving. This includes Day trips.

GUESTS

I understand I must have a visitors list pre-approved by Revive. Any visitor of the opposite sex must be voted on by the entire house. My visitors list will include sponsors, probation/parole officers, friends and family. Children are welcome, if they are staying the night it must be voted on by the entire house. Approved and Invited guests are allowed and must be always accompanied by the resident. Guests are allowed ONLY in the common area on the main floor and are to stay no later than 10 p.m. Please be courteous of your other housemates and communicate when visitors will be present. Exceptions, such as family members seeing your room, or children being present, can be approved by the house manager/mentor. The privilege of having guests at the house can be changed at any time by Revive.

EVICTION

I understand if I am asked to leave Unity House because of a Unity House violation I must do so within 1 hour. If I am asked to leave Unity House my personal items will be boxed up and stored. I will have 72 hours (about 3 days) to contact the Unity House Manager/Mentor and arrange to pick up my personal belongings. I understand if my items are not picked up within 30 days they will be given to a charitable organization. I understand if another resident leaves the unity house for any reason I am not allowed to go into their bedroom or go through their things. I understand leaving the Unity House without proper notice; I will lose the remainder of the month's rent. If I am given a 3-day discharge from the Unity House, I must maintain daily contact with the Unity House Manager/Mentor, must make an appointment with the Unity House Manager/Mentor to attend a Unity House meeting, I must go to any class/meetings I have remaining that week. During this Unity House meeting, consequences and a plan will be made for me to re-enter the Unity House if the Unity House residents agree to allow me to re-enter. If the Unity House residents agree that I CANNOT reenter, I will NOT be allowed to reenter the Unity House. If I am evicted from the Unity House a second time, I will NOT be allowed to re-enter Unity House unless I graduate from an inpatient program. If someone is evicted for any reason, there will be no contact for 30 days. If they voluntarily withdraw it would be at the discretion of the house manager/mentor.

EMPLOYMENT

I understand I must become employed full-time 32 hours per week within the first two weeks of moving into Unity Houses. Working overnights will be at the discretion of the house manager and Revive. Until full-time employment is obtained, after two weeks, if I do not have full-time employment, I will complete five applications per day and four hours of community service per day Monday through Friday. I will provide proof of these requirements in the forms provided. I understand that if I do not accomplish these requirements, consequences will be put in place immediately. If I work part-time, I must make up the other hours with community service.

HOUSE MEETING

I will attend the mandatory weekly Unity House meeting. This meeting will take place at 4pm for the women's house and 5pm for the men's.

LEGAL VIOLATIONS

I understand I must comply with all orders of probation, parole, and drug court. If I am involved in a law violation while living in Unity House, I must report the violation immediately to the house manager or Revive.

OVERNIGHT PASSES

I understand for the first 30 days I'm not allowed to leave the city limits of Hastings unless I have approval from my Unity House Manager. After the first 30 days, and if my rent and treatment bills are current, I may request, in writing, an overnight pass to visit my family or my selected friends. Overnight passes may be granted by the group

at the weekly Unity House meeting. My request for an overnight pass must be submitted at least 48 hours (about 2 days) in advance of the weekly Unity House meeting and must comply with any travel restrictions or requirements by my drug court, probation or parole officer. Approval of this pass depends on the other residents believing this visit is supportive of my recovery. Travel passes for court appearances are a separate issue and will be dealt with on an individual basis but must also be requested in advance and a travel plan approved by my Unity House peers.

These are the steps to request a pass.

1. Fill out the pass, bring it into Revive and Unity house case manager, Kelly, or Krissy will sign for verification that my payments are current.

2. Present to Unity House manager 48 hours prior to the weekly Unity House meeting.

3. Unity House manager presents the pass to the group at the Unity Houses weekly meeting, and all residents vote on approval and if approved all will sign.

4. If it is approved by everyone in the house, Krissy will sign it at the house meeting. In the event Krissy isn't at the meeting, you will have to bring it out to Revive to get a signature.

5. If a pass is approved I will put it on my clipboard where I sign in and out upon leaving on my pass.

HOUSE CHORES/RESPONSIBILITIES

I understand I am required to participate in keeping my Unity House clean, sanitary, and organized. Unity House chores will be assigned at the weekly house meeting. This includes my bedroom and cleaning up after myself. I also understand my belongings must fit on my side of the room and there must be at least half of the room available for a roommate even if I don't have one yet.

PERSONAL HYGIENE

Personal hygiene is particularly important. I understand I must shower with soap daily while at the Unity House. I also must have clean clothes every day. I must also wash my laundry and bedding at least once per week.

SPECIAL CONTRACTS

My violation of Unity House Expectations and Boundaries may result in me being placed on a special contract at the weekly house meeting or by Revive.

PERSONAL SPACE

I understand my room is considered my personal space; other residents are not to be in another resident's room without the resident of that room present. Residents are also not to be in a Unity House that they are not a resident of unless a resident of that Unity House is present and has invited them to visit.

AUTOMOBILES

I understand I am allowed one automobile. My vehicle must be operable, insured, tags must be current, and the resident must have a valid driver's license. We require copies of all the above to be put in my file. Vehicles must be parked in designated areas only. Auto repairs are not allowed on the premises.

PHONE CALLS

I understand a house phone is provided. I understand having a phone is a privilege.

PORNOGRAPHIC MATERIALS

I understand pornographic material is not allowed in the Unity House or on computers and cell phones on the property. I understand I may be asked to remove other questionable material at the discretion of the organization.

POSSESSION OF WEAPONS

I understand weapons of any kind are not allowed on the premises.

SMOKING

I understand tobacco use is allowed outside Unity House only (this includes cigarettes & electronic cigarettes). Burning candles, incense, or any other material in the Unity House is a safety issue and fire hazard and is not allowed.

THREATENING/AGGRESSIVE OR VIOLENT BEHAVIOR

I understand threatening, aggressive, or violent behavior WILL NOT BE TOLERATED.

GAMBLING/LOCATIONS WHO DISTRIBUTE ALCOHOL

I understand gambling of any kind is not allowed. This includes but is not limited to scratch tickets, Keno, skilled games/Bank Shot, Casinos. I also understand that I may not go to a bar for any reason including eating. Calling in a food order for pickup/delivery is allowed.

EXIT PROCEDURES

I understand I must provide a 30-day written notice to Revive prior to the end of my residency at Unity House. Prior to leaving Unity House my room must be cleaned, my bedding and Unity House belongings must be washed.

REVISED 10-30-2026

HASTINGS UNITY HOUSES

Application for Membership

Are you currently on the Sex Offender Registry? Yes_____ No_____

Those who are on the sex offender registry will NOT be accepted due to liability insurance restrictions.

NAME_____GENDER_____

SOC. SEC #_____DATE OF BIRTH_____AGE_____

PRESENT ADDRESS_____

CITY_____STATE_____ZIP_____MILITARY SERVICE Yes No

HOME PHONE_____CELL_____WORK_____

CONTACT NUMBER, (a number that we can call to get in touch with you today)._____

DATE OF YOUR LAST USE OF ALCOHOL OR OTHER DRUGS? _____

WHAT IS YOUR DRUG OF CHOICE? _____

NUMBER OF RECOVERY MEETINGS ATTENDED IN THE PAST MONTH? _____

HAVE YOU COMPLETED TREATMENT FOR ALCOHOL/DRUGS? Yes No

IF SO, WHERE?_____WHEN_____

WHO IS/WAS YOUR MOST RESENT COUNSELOR IN TREATMENT?_____

MAY WE CONTACT THEM REGARDING YOUR APPLICATION? Yes No

ARE YOU EMPLOYED? Yes No IF SO, WHERE?_____

IF YOU ARE NOT EMPLOYED WHAT ARE YOUR PLANS TO GET A JOB?_____

_____

MARITAL STATUS_____DO YOU HAVE A MEDICAL DOCTOR? Yes No

IF SO, WHO?_____ARE YOU TAKING ANY PRESCRIPTION

MEDICATIONS?_____IF SO, WHAT?_____

_____

WHAT CONDITION ARE YOU TAKING THE MEDICATION FOR?_____

_____

ARE YOU WILLING TO COMPLY WITH THE EXPECTATIONS AND BOUNDARIES? Yes No

ARE YOU WILLING TO MAKE A SIX MONTH OR LONGER COMMITMENT TO THE HOUSE? Yes No

WHAT DATE WOULD YOU BE AVAILABLE TO MOVE IN?_____

ARE YOU CURRENTLY ON PROBATION OR PAROLE? Yes No

IF YES, WHO IS YOU PROB/PAROLE OFFICER?_____PHONE_____

IF ON PAROLE WHEN IS YOUR ENDING PAROLE DATE?_____

MAY WE CONTACT THEM REGARDING YOUR APPLICATION? Yes No

DO YOU CURRENTLY HAVE ANY LEGAL ISSUES/CHARGES? Yes No

ARE YOU UNDER A MENTAL HEALTH BOARD COMMITMENT? Yes No

IF SO, IN WHAT COUNTY?_____

EMERGENCY CONTACT PERSON #1_____

RELATIONSHIP _____

ADDRESS:_____ZIP_____

PHONE # HOME_____CELL_____WORK_____

EMERGENCY CONTACT PERSON #2_____

RELATIONSHIP _____

ADDRESS:_____ZIP_____

PHONE # HOME_____CELL_____WORK_____

I have answered the questions honestly on this application. I have also read the house expectations and boundaries and I understand that violation of the house expectations and boundaries could result in my expulsion from the house. I understand that the house for which I am applying for residency has been established in compliance with the Federal Anti-Drug Abuse Act which (A) Prohibits all residents from using any alcohol or illegal drugs, (B) Must expel any resident who violates such prohibition. In accepting these terms, I understand I am excluding myself from the normal due process afforded by local landlord-tenant laws.

I understand that my alcohol/drug testing will be sent in to Precision Toxicology. It will then be billed to insurance and if insurance doesn't pay for these services, I may be billed.

ADDITIONAL INFORMATION

I have read all the material on this application form and would like to apply for residency in the Unity House. I agree to follow all the rules and conditions as outlined.

_____ _____

Signature of Applicant Date

REVISED 10/30/2026